

# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes  
15 April 2023  
11:00 a.m - 1:00 p.m

**Present:** Abigail Bone, Michael Blair, Lyla Buxton, Grace Coughlin, Hailey Dubois, Loreley Godfrey, Tara Kurup, Jacob Lebroda, Mansi Mathur, Lily O'Brien, Luisa Pelletier, Narayan Sajeev, James Thibault, Kayle Truong, Brandon Yeung.

**Call to Order:** Loreley Godfrey called the meeting to order at 11:02 am.

## 1. Approve March Meeting Minutes

- a. Narayan Sajeev made a motion to approve the March 18th 2023 meeting minutes, Lily O'Brien seconded the motion. A voice vote passed unanimously.

## 2. Annual Report Update

- a. Reminder to submit assigned paragraphs.
- b. Discussion on extra paragraphs.
  - i. "No Safe Experience" Paragraph - Mansi Mathur
  - ii. SAMSA Panel Paragraph - Lily O'Brien
  - iii. Out of Darkness/Virtual 5k Paragraph - Loreley Godfrey & Spencer Matarazzo

## 3. Maura Presentation

- a. Discussion on Summer Leadership Program
  - i. Location - Durham NH at Lions Camp Pride Date(s) - July 9-14, 2023.
  - ii. Info: Overnight training program that involves high school students who are looking to strengthen their leadership. (experience can vary!)

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- iii. Discussion about cost- roughly \$900, but scholarships are available.  
(40-80 students accepted)
- b. Asher (program Alum) Experience
  - i. Discussion on why GYAC members should join.
    - 1. GYAC members have a solid platform and lots of experience they can share/bring to the table.
  - ii. Will allow students to make connections with others from other areas across NH and prompts motivation for students to take initiative in their own communities. (He has received many scholarships himself because of his hard work)
- c. Mansi (New Hampshire Teen Institute Volunteer) Experience
  - i. Discussion on the middle school version of the program, and talked about volunteering all 4 years of high school; doing the SLP this summer
  - ii. Has seen how students can foster their own leadership through collaboration.
  - iii. Distributed flyers and brochures and encouraged GYAC members to distribute them around their schools!

## 4. Greg Williams UP Conference Discussion

- a. Discussion on combining the Prevention Attention Newscast with GYAC to Produce a video on mental health, anti-vaping, distracted driving for a middle school audience.
  - i. Wants 2-3 GYAC members over Zoom to be interviewed and talk about...
    - 1. Legislation/policy
    - 2. "No Safe Experience" Campaign
    - 3. Shared on YouTube and Instagram @nhupcon

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## 5. Updates from Eliza

- a. Discussion on GYAC collaborating with several related organizations.
  - i. No Safe Experience campaign has been adapted to focus more on people actually battling the issue. (GYAC plays a role in shaping that change)
  - ii. NH voices campaign is in partnership with GYAC (which is why people have been reaching out to us for songs)
  - iii. Young Adult Advisory Council being developed for people aging out of youth groups like GYAC. (Opportunity for seniors who want to stay connected to work in NH.)
- b. Students shared what other presentations they would like to hear...
  - i. Teachers' perspectives
  - ii. Department of Education
- c. Discussed how GYAC members should share when they are posted on the news!
- d. Partnership w/ Drug Free NH is requesting videos for GYAC to explain what prevention means to us.
- e. SB-151: Further Work Needed.
  - i. Implementation of this bill into law 60 days after passage. (too soon of a timeline)
    1. Questions/concerns
  - ii. Professional development: are teachers trained to teach this?
  - iii. Confusion between education and treatment.
  - iv. B-151 also has a fiscal component, meaning money is needed.
- f. The bill was retained by the committee. The house can still vote yes, but they usually sway towards what the committee said. If the house says no, SB-151 will be workshopped over the summer and re-introduced in the fall.

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## 6. Student Guidebook Committee

- a. The DOE has a formalized student guidebook; GYAC discussion on creating a policy recommendation on integrating Naloxone into schools. (given that they are in schools for free)
- b. Committee was formed to review the current guidebook and modify it to better fit: Michael Blair, Brandon Yeung, Narayan Sajeew, Luisa Pelletier, James Lebroda, Lily O'brien, Loreley Godfrey.

## 7. Committee Updates

- a. Social Media Committee
  - i. Senior feature posts
  - ii. Earth Day post (incorporating mindfulness with nature.)
  - iii. Rolling Application Post (explain prioritizing the deadline.)
- b. Booths Committee

Upcoming Events...

  - i. Pizzastock: July 22nd
  - ii. Meet of Champions: mid May (track & field event)

## 8. Recruitment

- a. Total of ten seniors leaving this fall.
- b. Create a zoom link with candidates who are interested. (hold a Q&A session.)
- c. Plan an August BBQ on the State House lawn.
- d. Discussion on making the application process and application itself more accessible.

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**Adjournment:** James Thibault made a motion to adjourn the meeting. Narayan Sajeev seconded the motion. A voice vote passed unanimously. The meeting was adjourned at 1:10pm

**Next Meeting Date:** 20 May 2023 11:00 a.m-1:00 p.m

**Location:** New Hampshire State House

107 N Main St, Concord, NH 03303