NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes 18 March 2023 11:00 a.m - 1:00 p.m

<u>Present:</u> Michael Blair, Lyla Buxton, Grace Coughlin, Hailey Dubois, Tara Kurup, Spencer Matarazzo, Autumn Pelletier, Luisa Pelletier, Narayan Sajeev, James Thibault, Likhita Thiriveedi, Brandon Yeung: Tim Lena, Dave Maura, Maura McGowan.

Call to Order: Lyla Buxton called the meeting to order at 11:03 am.

1. Approve February Meeting Minutes

 a. Grace Coughlin made a motion to approve the February 18th 2023 meeting minutes, Hailey Dubois seconded the motion. A voice vote passed unanimously.

2. Updates from Dave Maura

- a. Fentanyl Update on 2022 Overdose Rates
 - i. Discussed death recap and treatment methods.
 - ii. Discussed the widespread use of narcan to help the epidemic.
 - iii. Previewed graphs and compared month to month data.

3. <u>Likhita-Nashua Council Rep Discussion</u>

a. Likhita discussed how a Nashua council representative wants GYAC to come to one of their meetings and see if we can collaborate on ideas (possible art competition) as they are seeking a youth driven voice.

4. Loreley Bill SB151-FN

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a. Loreley remotely called in and discussed how the SB151-FN passed the Senate unanimously, and that there will be a public hearing in the next upcoming month where everyone is welcome to attend and show support!

5. Annual Report Discussion

- a. Discussed Annual Report purpose/goal and what it embodies.
- b. Assigned paragraphs to write:
 - i. Hailey & Grace- Social Media
 - ii. Loreley & James-Health Education Reform (SB151-FN)
 - iii. Lyla & Autumn-Intro/conclusion
 - iv. Jacob & Hailey-Booths committee
 - v. Spencer-Out of Darkness Walk
 - vi. Likhita & Luisa- Narcan Presentation
 - vii. Tara & Narayan- NH Voices Campaign

6. Recruitment Discussion

- a. Thoughts of a summer BBQ
- b. Discussion on zoom info sessions or visits to schools in northern NH.
- c. Discussion on hosting meetings at different locations for a more accessible site.

7. Narayan Presentation

a. Narayan updates on Parkside middle school presentation regarding substance use and prevention. Explained mission to educate students about the dangers of substances and empower them to make good decisions.

8. Naloxone Training

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a. GYAC participated in a narcan training and had an opportunity to bring kits home if they chose to do so!

<u>Adjournment:</u> Autumn Pelletier made a motion to adjourn the meeting. James Thibault seconded the motion. A voice vote passed unanimously. The meeting was adjourned at 1:04pm

Next Meeting Date: 15 April 2023 11:00 a.m-1:00 p.m

Location: New Hampshire State House 107 N Main St, Concord, NH 03303