NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes 11 November 2022 11:00 a.m - 1:00 p.m

<u>Present:</u> Lyla Buxton, Naliah Davis, Hailey Dubois, Grace Coughlin, Loreley Godfrey, Tara Kurup, Dave Mara, Spencer Matarazzo, Mansi Mathur, Lily O'Brien, Autumn Pelletier, Luisa Pelletier, Kaylee Truong, James Thibault, Likhita Thiriveedi.

Call to Order: Lyla Buxton called the meeting to order at 11:00 am

1. Approve October Meeting Minutes

a. Grace Coughlin made a motion to approve the October 15th 2022 meeting minutes, Kaylee Troung seconded the motion. A roll call vote passed unanimously.

2. Election Announcements

a. Congratulated our new Executive officers and board members!

3. Social Media Update

- a. Hailey Dubois discussed the creation of two groups for social media in order to create staggered posts. (one meets in the middle of the month, one meets at the end of the month)
- b. Showed the social media calendar.
- c. Discussed the process of the meet the members post.

4. Cookson Communication Presentation

a. Discussed their #NOTBUYINGTHAT campaign.

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b. Discussed GYAC's role to elaborate on ideas, update content, and materials. (keep in line with a youth target audience)

5. Derry Booth Update

a. Discussed the musical concert for suicide prevention booth event where GYAC was able to connect with another beneficial group and approach different target audiences.

6. Virtual 5k with Likhita

- a. Discussed GYAC's support in the virtual 5k suicide awareness walk/run.
- b. requires a selfie (all encouraged to participate)

7. Health Reform Updates

- a. Loreley Godfrey Presented a recap of the reform and discussed the mission in order to prevent people from proceeding into unhealthy coping mechanisms.
- b. Lily O'Brien made a motion to approve the report, Grace Coughlin seconded that motion. A roll call vote was passed unanimously.

Adjournment: James Thibault made a motion to adjourn the meeting. Hailey Dubois seconded the motion. A roll call vote passed unanimously. The meeting was adjourned at 1:01p.m.

Next Meeting Date: 17 December 2022 11:00 a.m-1:00 p.m

Location: New Hampshire State House 107 N Main St, Concord, NH 03303