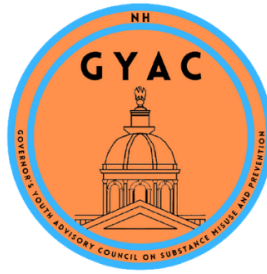


NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes
17 September 2022
11:00 a.m - 1:00 p.m

Present: Loreley Godfrey, Tim Lena, Jacob Lebroda, Mansi Mathur, Spencer Matarazzo, Maura McGowan, Lily O'Brien, Autumn Pelletier, Narayan Sajeev, Likhita Thiriveedi, Brandon Yeung, Eliza Zarka

Call to Order: Unofficial

1. Welcome/Introductions

- a. Everyone introduce themselves and stated why they joined GYAC

2. Updates from Eliza

- a. Discussion on Elections
 - i. Positions- Exec Officers, Secretary, Vice Chair, Chair
- b. Right to Know Presentation
 - i. Discussed how the council is an official government group that needs to follow right to know laws
- c. Social Media/Politics
 - i. Discussed making accounts private and what is/is not appropriate to be posting.

Narayan Website Presentation

- a. Narayan Sajeev Presented a website he created called "Mpower" used as a resource to help people who are struggling with substance abuse control their emotions as a safe platform to express themselves.

Subcommittee Discussion on Booths

- a. Likhita Thiriveedi discussed the booth committee/outreach group and mission.

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- i. Mission- To get GYAC's name out and advocate for substance misuse/prevention as well as recruitment.
- b. Loreley Godfrey discussed the Out of Darkness Walk for Septembers booth for suicide prevention/recovery month.

Adjournment: Unofficial

Next Meeting Date: October 15, 2022 11:00 a.m-1:00 p.m

Location: New Hampshire State House

107 N Main St, Concord, NH 03301