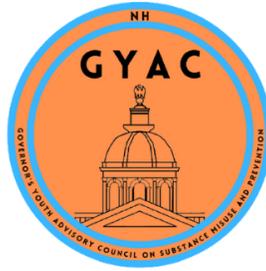


# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes  
20 November 2021  
11:00 a.m - 1:00 p.m

**Present:** Grace Coughlin, Hailey Dubois, Dave Mara, Tim Lena, Bradley Matarazzo, Spencer Matarazzo, Autumn Pelletier, Luisa Pelletier, Kaisar Perry, Elsa Rogers, Narayan Sajeew, Likhita Thiriveedi, Eliza Zarka.

**Call to Order:** Elsa Rogers called the meeting to order at 11:08 a.m.

## 1. Welcome and Introductions

- a. Roll call of names

## 2. Approve October Meeting Minutes

- a. Grace Coughlin made a motion to approve the October 16, 2021 meeting minutes  
Bradley Matarazzo seconded the motion. A roll call vote passed unanimously.

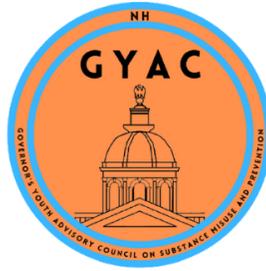
## 3. Announced Election Winners

- a. **Chair:** Elsa Rogers, **Vice Chair:** Lyla Buxton, **Secretary:** Autumn Pelletier.
  - i. **Executive Officer:** Narayan Sajeew
  - ii. **Executive Officer:** Likhita Thiriveedit
  - iii. **Executive Officer:** Loreley Godfrey

## 4. Narayan Sajeew Presentation

- a. Narayan Sajeew Presented a Substance Misuse Website proposal to the group.

# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



- i. Discussed how his website would provide information on mental health and substance misuse regarding ways people can get help, and ways resources can be provided for people to raise awareness.
- b. Suggestions were made towards creating an app, and discussions emerged regarding the different effects of a website compared to an app itself.

## 5. Updates from Eliza Zarka/Dave Mara

- a. Discussed how we should keep the council under executive order.
- b. Informed the group regarding how the Governor liked the student spotlight project, and approved to send out a recognition certificate to students who receive the student spotlight themselves.
- c. Members' bios need to be submitted for a post about each member.
- d. Discussed the youth summit/virtual training put on by the DEA.

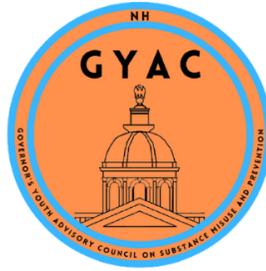
## 6. Social Media update

- a. Hailey Dubois discussed the social media committee.
  - i. Meet 2x a month, create one post per week.
  - ii. Create a Q & A highlight section.

## 7. Take Back the Bathrooms

- a. Discussed the issue regarding bathrooms being closed in schools across N.H due to vaping/misbehavior. Discussed how we can spread awareness to envision that a few students should not penalize all.
  - i. Discussed ways to create posts with real life pictures, and use quote “Take Back the Bathrooms” to symbolize to students that their vaping/misbehavior in the bathroom affects more than just them.

# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



## 8. Photo Op

- a. Took individual photos of members not present at the October meeting, along with a group photo in front of the State House.
  - i. Discussed how photos should be taken at each meeting to enhance getting our name out as a group.

**Adjournment:** Spencer Matarazzo made a motion to adjourn the meeting. Hailey Dubois seconded the motion. A roll call vote passed unanimously. The meeting was adjourned at 12:58 p.m.

**Next Meeting Date:** 18 December 2021 11:00 a.m-1:00 p.m

**Location:** New Hampshire State House  
107 N Main St, Concord, NH 03303