

New Hampshire Governor's Youth Advisory Council

On Substance Misuse & Prevention



GYAC Minutes

April 20, 2024

11:00 AM – 1:00 PM

Attendance: Narayan Sajeev, Brenda Sacramento-Cortes, Rihanna Basur, Kaylee Truong, Luisa Pelletier, Mia Mozzoni, Tara Kurup, Gavin McCrevan, Lauren Paige, Miles Borne, Vedhsai Thiriveedi

Call to Order: Narayan called the meeting to order at 11:01 AM.

I. Welcome & Introductions

II. Presentation By No Safe Experience

1. No Safe Experience is a New Hampshire-based, statewide campaign that focuses on awareness by educating youth, young adults & families about the dangers & prevalence of fentanyl in illicit drugs
2. Community engagement: billboards, active social media resources (Facebook, Instagram, Snapchat, Youtube)
3. Media work with over eight educational videos & PSAs shared on Spotify & GIFS for texting
4. Educational resources: palm cards & posters

5. Inclusion on Department of Education website
 - a. Supported by the superintendent of schools
6. Funding from April – December 30, hoping for additional funds for up to five more years
7. Collaborate with No Safe Experience for the barbecue hosted by GYAC
8. Informational cards & handouts for prom hot spots (Glitterati, flower shops, popular restaurants, dress/tux shops) & track events
9. Assistance from GYAC on getting in touch with schools
 - a. Ex: Assemblies in September

III. National Prevention Coalition

1. Impact of the opioid crisis on Nashua communities
2. Youth homeless shelters in Nashua have been closed resulting in an increased prevalence of housing insecurity & single parents
3. COVID's impacts on EMS, medical professionals & police have been drastic
 - a. New focus on cohesiveness
4. Domestic violence is often a reaction to substance use, mental health & morbidity
 - a. Substance use is a tool for power & control
5. Strengthening education for employers & expanding regional public health network

IV. Approve March Meeting Minutes

Kaylee Truong made a motion to approve the meeting minutes & Luisa Pelletier seconded the motion

V. Committee Discussion

1. Booths Committee & Recruitment
 - a. Theater Festival at Pinkerton: May 1st from 6 – 7 PM
2. Art Committee
 - a. Contact art teachers to spread awareness
 - b. Get Governor Sununu to post
 - c. Art piece in the Executive Chambers

VI. Updates from Dave Mara

1. Either May or June meeting with the Governor
2. Summer Leadership Program New Hampshire Teen Institute

VII. Future Plans Discussion

1. Annual Report under review after CER discussion
2. Open discussion
3. Playing for Change booth events on May 1

Adjournment: Miles Borne made a motion to adjourn the meeting. Mia Mozzoni seconded the motion. A verbal vote passed unanimously, concluding the meeting at 12:50 PM.

Next Meeting Date: May 18, 2024, 11:00 AM – 1:00 PM

Location: New Hampshire State House
107 N Main St., Concord, NH 03301