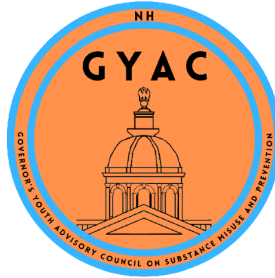


# New Hampshire Governor's Youth Advisory Council

## On Substance Misuse and Prevention



**GYAC Minutes**  
February 17, 2024  
11:00 AM - 1:00 PM

Attendance: Mia Mozzoni, Lauren Paige, Vedant Patel, Luisa Pelletier, Hailey Dubois, James Thibault, Narayan Sajeev, Tara Kurup, Gavin McCrevan, Michael Blair, Rihanna Basur & Lily O'Brien

Call to Order: Narayan Sajeev called the meeting to order at 11:06 a.m.

### I. Welcome & Introductions

### II. Approve January Meeting Minutes

A. Narayan made a motion to approve the January 16th meeting minutes. Mia Mozzoni seconded the motion. A voice vote passed unanimously.

### III. Committee Discussion

#### A. Social Media & Outreach

1. Hailey Dubois has collected information from committee members. The "Meet the Members" post is ready to be posted. Alongside the "Meet the Members" post GYAC recorded a video advertising GYAC, joining the "Of course" trend
2. Consider putting together a PSA for the future

#### B. Booths Committee

1. Have GYAC present to schools across NH
2. Have guest speakers such as police officers present at GYAC meetings

#### C. Mental Health Legislation

1. Dave reviewed HB 505-SN (tabled bill)
2. Members of GYAC should consider meeting with LYAC to support on March 21 at 10:00 am; ask James Thibault for more information.
3. Reach out to the Commissioner of Education Health & Human Services & school administrators in the north country, center New Hampshire, Manchester, Nashua & Pinkerton for support.
4. Refocus efforts on mental health after students graduate high school

#### D. Art Committee

1. Reach out to high schools' art classes or programs to raise awareness.
2. Rewards can include a certificate from the governor, a spotlight on the Instagram page & possibly an invitation to an event as an incentive to motivate participation.
3. Focus on both Mental Health & Substance Misuse Prevention as a theme.
4. Mural installment (reach out to the organization from last year)
5. Reach out to art teachers to judge
6. Launch before the next meeting

### IV. Updates from Dave Mara

1. In addition to finding a spokesperson from the DEA for the next meeting on how substances come in & out of the country
2. Reviewed CDC data on Overdoses
3. Maura McGowan & Timothy Lena are coordinating a prevention science presentation - from certified prevention specialists
4. Board meeting to delegate sections for annual report
5. Life of an Athlete program reboot.
6. Work with NHIAA

### V. LYAC Liaison Election

1. Summer Campbell was elected as LYAC Liaison.

## VI. New Futures Presentation

1. Jess Wojenski & Kate Frey from New Futures presented on effective advocacy & how to testify at the state level; expanding on the powers & process of legislation & legislators
2. Introduced upcoming legislation prevalent to substance misuse & provided additional resources.

## VII. Future Plans Discussion

### A. Summer Barbecue

1. Alumni, current members & prospective members are invited.
2. A Q&A panel open to the public with former/current GYAC members on Youth Activism & Advocacy.
3. Form a new Committee for Summer Barbecue preparation.
4. Sign up sheet
5. Youth groups & booth

### B. Annual report

1. Begin delegation of work for the Annual report & determine what will be included.
2. Dave will contact the Governor to determine a date to deliver the report.

Adjournment: James Thibault made a motion to adjourn the meeting. Mia seconded the motion. A verbal vote passed unanimously, concluding the meeting at 12:45 p.m.

**Next Meeting Date:** March 16, 2024, 11:00 AM - 1:00 PM

**Location:** New Hampshire State House

107 N Main St., Concord, NH 03301