

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor

A Proclamation

In the year of our Lord Two Thousand and Twenty

NEW HAMPSHIRE SUICIDE PREVENTION WEEK
SEPTEMBER 6-12, 2020

WHEREAS, the week of September 6-12, 2020 is recognized as National Suicide Prevention Week, and millions of people around the world join together to share a message of hope and healing, especially during these challenging times; and

WHEREAS, in New Hampshire, suicide is the second leading cause of death among people ages 15 to 44, and the eighth leading cause of death overall. Nationally, suicide is the 10th leading cause of death; and

WHEREAS, over 30 suicidal veterans, and hundreds of other people are actively rescued each day by calling the Veteran's Crisis Line/National Suicide Prevention Lifeline 1-800-273-8255 answered locally by Headrest, New Hampshire's certified suicide crisis call center; and

WHEREAS, the New Hampshire Suicide Prevention Plan serves as a blueprint to guide suicide prevention efforts in New Hampshire led by the New Hampshire Suicide Prevention Council, in step with New Hampshire's 10-Year Mental Health Plan; and

WHEREAS, the State of New Hampshire took important steps to prevent suicide by passing legislation to establish state wide mobile crisis response for children in a mental health crisis, to provide suicide prevention education for schools, to increase awareness and promote help for first responders impacted by post-traumatic stress disorder, and the enact key priorities of the 10-Year Mental Health Plan which will reduce emergency department boarding and increase timely access to mental health treatment; and

WHEREAS, suicide is an important public health issue which is often preventable. We can all prevent a suicide by reaching out to people who are struggling, by letting them know you care, offering them hope, and connecting them with help;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **SEPTEMBER 6-12, 2020** as **NEW HAMPSHIRE SUICIDE PREVENTION WEEK** in the State of New Hampshire, and call this to the attention of all citizens.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 1st day of September, 2020.



Christopher T. Sununu
Governor

