I am writing as a concerned citizen who is in favor of the legalization of cannabis. I am also writing as a person who does NOT use cannabis; however I know a number of people who have benefitted from using it to deal with chronic pain and other health concerns.

1. The medicinal properties and benefits of cannabis have been well documented and proven.
2. Use of marijuana versus opioids for managing pain is clearly less damaging to one’s overall health, and reducing the use of opioids is something we want to do here in New Hampshire.
3. Other states have legalized the use of marijuana for medicinal and recreational use with no negative consequences.
4. Particularly among young people, cannabis is a popular alternative to alcohol - and is far less damaging to one’s health than alcohol. Yet, we promote liquor through state run shops and prosecute people for marijuana usage. This way of thinking is very backward and somewhat hypocritical, and if we want to attract younger people to live and work here, we need to change our thinking.

I urge you to take action to legalize marijuana use in New Hampshire.

- Cathy Lanigan
Peterborough, NH