

*The State of New Hampshire*  
*By Her Excellency*  
*Margaret Wood Hassan, Governor*

*A Proclamation*

**RECOVERY MONTH**  
**SEPTEMBER 2016**

**WHEREAS**, Behavioral health is an essential part of one's overall health and wellness; and

**WHEREAS**, Prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

**WHEREAS**, Preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, We must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, There are at least 300 trained recovery coaches in New Hampshire currently; and

**WHEREAS**, There are at least 10 recovery community organizations in New Hampshire; and

**WHEREAS**, The heroin and opioid crisis is the most urgent public health and public safety challenge facing New Hampshire, and people in recovery and families who have lost loved ones are sharing their stories, inspiring us with their courage, and making a profound difference in the lives of countless others battling addiction;

**WHEREAS**, In New Hampshire, we are working across party lines to implement a comprehensive strategy – including toward ensuring a robust, long-term recovery system – to combat this horrible epidemic, and the bravery of those in recovery must be marked by continued urgent action; and

**WHEREAS**, To help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Bureau of Drug and Alcohol Services invite all residents of New Hampshire to participate in National Recovery Month (**Recovery Month**);

**NOW, THEREFORE, I, MARGARET WOOD HASSAN, GOVERNOR** of the State of New Hampshire, do hereby proclaim **SEPTEMBER 2016** as **RECOVERY MONTH** in New Hampshire and urge all citizens of the State of New Hampshire to reaffirm our commitment to building a robust, long-term recovery system and to observe this month with appropriate programs, activities, and ceremonies to support those in recovery.

Given this 1<sup>st</sup> day of September, in the year of Our Lord two thousand and sixteen, and the independence of the United States of America, two hundred and forty-one.

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Margaret Wood Hassan  
Governor

