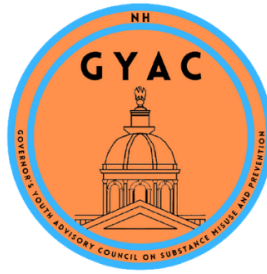


# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes  
15 October 2022  
11:00 a.m - 1:00 p.m

**Present:** Lyla Buxton, Naliah Davis, Hailey Dubois, Grace Coughlin, Loreley Godfrey, Jacob Lebroda, Spencer Matarazzo, Mansi Mathur, Lily O'Brien, Autumn Pelletier, Luisa Pelletier, Naryan Sajeev, Kaylee Truong, James Thibault, Likhita Thiriveedi, Eliza Zarka.

**Call to Order:** Lyla Buxton called the meeting to order at 10:59 am

## 1. Approve July and September Unofficial Meeting Minutes

- a. Jacob Lebroda made a motion to approve the July 16th 2022 and September 17th 2022 meeting minutes Loreley Godfrey seconded the motion. A roll call vote passed unanimously.

## 2. Social Media Update

- a. Hailey Dubois discussed the social media attributions of GYAC and the social media committees mission.
  - i. Discussion on senior spotlight.
  - ii. Discussion on "little miss" instagram post.
  - iii. Discussion on the recent Nashua walk out of darkness post.

## 3. Health Education Updates

- a. Loreley Godfrey discussed the health education subcommittees progress and mission regarding the evaluation of mental and physical health standards in schools.

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- i. Discussed the written recommendation to Governor Sununu in progress, asked for feedback, and opened a discussion around the problems (we) see in our own schools.
- ii. Highlighted future plans- to get back to the council with another draft that accommodates edits and feedback made.

## 4. Updates from Eliza

- a. Introduction of advisors
- b. Discussed paperless meetings
- c. Discussed membership photos and highlighted the updating of our meet the members post assigned to Hailey Dubois.
- d. Discussed the right to know law.
  - i. Advised new members on the bylaws and quorum (attendance needs to be meet at each meeting)
- e. Discussed red ribbon week
  - i. Highlighted what red ribbon week was along with drug take back day and how to get involved.
  - ii. Opened conversation (Lyla Buxton) on doing a red out at schools during the last week of October to show support for red ribbon week. (message- Red out 10/28)

## 5. E-Board Elections

- a. All members running for E-Board Positions gave their speeches and members voted on candidates.
- b. E-Board Candidates/Positions ran for:

Name	Primary Position	Secondary Position
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# NH Governor's Youth Advisory Council On Substance Misuse and Prevention



Loreley Godfrey	Chair	Executive Officer
Lyla Buxton	Chair	Vice Chair
Likhita Thirveedi	Executive Officer	
Hailey Dubois	Executive Officer	
Narayan Sajeev	Chair	Vice Chair
James Thibault	Executive Officer	
Jacob Lebroda	Secretary	Executive Officer
Autumn Pelletier	Secretary	

## 6. New Projects/Future Plans

a. Overview of all the committees:

- i. Social Media
- ii. Education Reform
- iii. Recruitment/outreach

1. Goals to reach out to editors/school boards to help increase awareness

(Discussed what each committee does and committee members apart of each group)

- b. Jacob lebroda explained upcoming event at Derry Middle School that helps promote suicide prevention through music. Discussed running a booth and having members attend (Friday Nov. 18th.).
- c. Autumn Pelletier discussion on upcoming art project idea- return to next meeting with a plan.
- d. PSA regarding halloween
- e. Hailey Dubios discussion on creating a more personal social media account and creating a “be real” post for GYAC themed messages.

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**Adjournment:** Loreley Godfrey made a motion to adjourn the meeting. Narayan Sajeev seconded the motion. A roll call vote passed unanimously. The meeting was adjourned at 1:00p.m.

**Next Meeting Date:** 19 November 2022 11:00 a.m-1:00 p.m

**Location:** New Hampshire State House

107 N Main St, Concord, NH 03303