



NH Governor's Youth Advisory Council

On Substance Misuse and Prevention (GYAC)

GYAC Meeting Minutes

17 July 2021

11:00 AM - 1:00 PM

Present: (List membership): Lyla Buxton, Autumn Pellitier, Jayda Bogert, Kayla Bogert, Grace Burnett, Naryan Sajeev, Eliza Zarka, * Vidya Sajeev, Elsa Rogers, Timothy Lena

*indicates a non-member

Call to order: Elsa Rogers called the meeting to order at 11:05 AM.

1. Welcome and introductions

- a. We reintroduced each other.

2. Approve May Meeting Minutes

- a. Autumn Pellitier made a motion to approve the meeting minutes from May 22, 2021. Jayda Bogert seconded the motion. A roll call vote passed unanimously.

3. Welcome Narayan

4. Recruitment Check in:

- a. We discussed what we are doing to find new members for GYAC, and our connections to find new, active members. We discussed reaching out to other school's guidance counselors to find students across the state.
- b. Elsa Rogers will update the cover letter to send out to our connections throughout the state.
- c. We discussed the governor posting our PSA's to spread our message and use it as a recruitment strategy.
- d. We also discussed creating a PSA competition, during red ribbon week or prom, to spread our mission and our name through WMUR and newspapers across the state. Instagram materials to post.

5. Updates from Eliza:

- a. We discussed social media posts.
- b. We discussed having a booth during events and spreading our word with stickers or water.

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- c. Social Media Chair: We discussed making one of the executive officer's duties social media.
- d. We discussed the best way to stay in contact with each other, through various platforms.

6. Yearly Report Close Out:

- a. The Yearly report is finished, was proofread, and is being given to the Governor very soon.

7. Update on Social Media

- a. Discuss sharing posts: sharing GYAC posts on our personal accounts. Posting the GYAC website link in our personal accounts. We also discussed keeping our personal views on politics separate from GYAC.

8. Update on spotlight group:

- a. We discussed how to get a media release form for each

9. What's next:

- a. We discussed event opportunities for us to set up a booth, and spread our message through flyers, pamphlets, and other information.
- b. Naryan is working on a website as a resource guide from GYAC for anyone needing help across New Hampshire.
- c. We discussed the presentation for GYAC for us to learn about youth substance misuse and streamline our information that we learn and have information on, from Youth to Youth.
- d. We discussed how we can find where the new member's expertise is and what they are seeing in their communities, before the presentation from Youth to Youth.
- e. Autumn Pellitier is going to start to work on a pamphlet, for a possible booth and send it to groups across New Hampshire in the future.

10. Next steps and closing remarks

- a. We discussed the schedule for the August meeting.
- b. We discussed reaching out to local newspapers, Grace Burnett, Lyla Buxton, and Narayan Sajejev are going to reach out.
- c. Kayla Bogert is going to have a PSA competition plan ready for the next coming meetings.

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Adjournment: Grace Burnett made a motion to adjourn the meeting. Kayla Bogert seconded the motion. A roll call vote passed unanimously. The meeting was adjourned at 12:57.

Next meeting date: 21 August 2021 at 11:00 AM