

New Hampshire Governor's Youth Advisory Council

On Substance Misuse & Prevention



GYAC Minutes

March 16, 2024

11:00 AM - 1:00 PM

Attendance: Mia Mozzoni, Summer Campbell, Luisa Pelletier, Hailey Dubois, Narayan Sajeev, Vedhsai Thriveedi, Vedant Patel, Tara Kurup, Gavin McCrevan, Brenda Sacramento-Cortes, Lily O'Brien, Logan Dufresne, Brandon Yeung & Kaylee Truong

Call to Order: Narayan Sajeev called the meeting to order at 11:03 AM.

I. Welcome & Introductions

II. Brian O'Keefe's Presentation from DEA

- A. Brian O'Keefe provided a presentation on the One Pill Can Kill campaign that discusses the dangers of synthetic versus natural opioids, depressants & stimulants alongside terminology used when discussing them to ensure that this campaign is easily accessible
- B. Discussed how opioids & other drugs such as methadone, heroin, xylazine, Xanax, Adderall & fentanyl are either harvested or made synthetically in one of China's 400+ non-regulated labs
- C. These labs produced 12,000 pounds of the fentanyl confiscated
 1. Of the pills collected, 70% were laced with fentanyl

- D. The economics involved with the drug market & the Sinaloa Cartel & the Jalisco New Generation Cartel in Mexico
- E. Increased risk factors such as technological advancements allow for products to be delivered quicker & what is perceived at a safer rate straight to someone's home
- F. The changing percentage of THC climbed from 4% in the 1980s to 7% in the 1990s to anywhere from 40-80% in the 2000s onwards
- G. The Faces of Fentanyl wall honors angel parents & their family members
 - 1. 67% percent of those who overdosed were in contact with Fentanyl
- H. There are roughly 305 average deaths a day & 112,000 a year, equivalent to 1 death every 4.5 seconds
- I. Family Summit on the Overdose Epidemic: discuss what the DEA is doing in partnership with Task Force Officers & the issues that would arise if it was classified as a weapon of mass destruction
- J. The DEA can now discuss the correlation between mental health & opioid misuse, specifically with psychosis

III. Approve February Meeting Minutes

Lily O'Brien made a motion to approve the February meeting minutes after amending it to include Brenda Sacramento-Cortes in attendance.

IV. Committee Discussion

A. Social Media & Outreach

- 1. The social media launch of the "Of course I" trend & art competition was successful & released an upcoming PSA
- 2. Social media is approved without the need to have posts cleared
- 3. Increase the turnover rate of posts
- 4. "Meet the members" post, revamping mental health facilities posts & PSA

B. Booths Committee

- 1. Guest speakers & middle school presentation

C. Mental Health Legislation

- 1. Tabled & retained in committee
- 2. When the legislation section resets, potentially rewrite a new bill

D. Art Committee

1. Create a grading rubric for the art competition with a tentative deadline of May 10th

V. Updates from Dave Mara

1. No Safe Experience received \$400,000 to continue
2. An additional partnership with GYAC

VI. Future Plans Discussion

A. Summer Barbecue

1. Located on the front lawn of the State House on a Saturday in late July or early August
2. Alumni, current members & prospective members through an advocacy panel, Q&A, photo booth space with props & picnic yard games
3. Invite other organizations to gain traction & potential tours of the State House
4. Art display at the summer barbecue with a signed letter from the Governor

B. Annual report

1. The Executive Board met to discuss the annual report
2. Created categories: introduction to GYAC, year-in-review events, presentations, recruitment efforts, social media, art, partnership with No Safe Experience & NH Voices, LYAC, plans, recommendations & contact information
3. Dave will reach out to the Governor to see if he will be attending the April meeting to review the annual report

Adjournment: Brenda Sacramento-Cortes made a motion to adjourn the meeting. Luisa Pelletier seconded the motion. A verbal vote passed unanimously, concluding the meeting at 12:52 PM.

Next Meeting Date: April 20, 2024, 11:00 AM - 1:00 PM

Location: New Hampshire State House

107 N Main St., Concord, NH 03301