

NH Governor's Youth Advisory Council On Substance Misuse and Prevention



GYAC Meeting Minutes
19 February 2022
11:00 a.m - 1:00 p.m

Present: Kylie Cloutier, Hailey Dubois, Loreley Godfrey, Dave Mara, Tim Lena, Jacob Lebroda, Bradley Matarazzo, Spencer Matarazzo, Autumn Pelletier, Luisa Pelletier, Kaisar Perry, Elsa Rogers, Likhita Thiriveedi, Kaylee Truong, Eliza Zarka.

Call to Order: Elsa Rogers called the meeting to order at 11:04 a.m.

1. Approve November Meeting Minutes

- a. Loreley Godfrey made a motion to approve the November 20, 2021 meeting minutes Spencer Matarazzo seconded the motion. A roll call vote passed unanimously.

2. Social Media Update

- a. Hailey Dubois discussed how we are in the process of creating a better highlight section as well as member bio posts.

3. Project Updates

- a. NH Youth Spotlight Award
 - i. Discussed the process and selection of students for the spotlight award and the recognition they would receive. (Certificate from Governor) Planned to start next year and finalize the process itself.
- b. Booth Committee Update
 - i. Discussed how we, as GYAC, can get involved in a community event this spring to help advertise our name and mission. (ex. booth at race)
- c. Drug Take Back Day

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- i. Discussed involvement in drug take back day this April.

4. Jacob Lebroda Discussed The Drug Free Partnership Opportunity

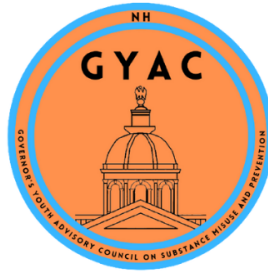
- a. Jacob informed the group about the Power of Prevention Podcast. The podcast that the partnership is hosting wants youth perspectives from GYAC members who are willing to get involved and help advocate and spread awareness using their voices. (also expressed the importance of the partnership as their message aligns with GYAC and will help spread awareness to both groups.)
- b. Discussion about a subcommittee was also brought up through the thoughts of prolonging the podcast and using youth voices as a critical way to spread awareness.

5. Updates from Eliza Zarka

- a. Annual Report to Governor- April/May presentation
 - i. Subcommittee: **Kaylee Truong, Kaiser Perry, Autumn Pelletier, Bradley Matarazzo**
- b. Discussed podcast interest and how to get involved
 - i. Tim Lena proposed an idea to create our own podcast and promote it through the approval of the partnership
- c. Informed group about the national drug/alcohol facts week (3/21-3/27) and how we should create posts as well as posts before prom to promote and spread awareness on our social media pages.

6. 988 Mental Health Line Presentation Reflection/Notes

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- a. Group discussed their support for the suicide prevention hotline number to be placed on school IDs and the new 988 mental health hotline number. (Write a response from GYAC for support of this)
- b. 988 number will be active as of Jul 22, 2022
- c. The 988 number helps people who need someone to call, text, or help sent to them during a crisis, giving them a rapid response and immediate service-24 hours. (crisis response teams)
- d. Ask GYAC for feedback for the best way to advertise to teens to spread awareness with a strong market plan/message.

Adjournment: Autumn Pelletier made a motion to adjourn the meeting. Hailey Dubious seconded the motion. A roll call vote passed unanimously. The meeting was adjourned at 1:01p.m.

Next Meeting Date: 19 March 2022 11:00 a.m-1:00 p.m

Location: New Hampshire State House

107 N Main St, Concord, NH 03303