### NH Governor's Youth Advisory Council on Substance Misuse and Prevention

Monthly Meeting Minutes 16 January 2021 Online Meeting Via Zoom

Present: Lyla Buxton, David Mara, Vidhur Narayan, Evan Piette, Tim Lena, Quincy Roy, Mary Forsythe-Taber, Heather Inyart, Kaycee Reagan, Olivia Archard, Eliza Zarka, Isaac Piette, Autumn Pelletier, Aron Silvestre, Kaylee Truong, Abby Noetzel, Grace Lunney, Hailey Dubois, Elsa Rogers, Grace Burnett, Governor Chris Sununu

*Call to Order:* Aron Silvestre called the meeting to order at 10:04 am.

# I. Approval of December Meeting Minutes:

A. Grace Lunney made a motion to approve the meeting minutes from December 19, 2020, Quincy Roy seconded the motion. A roll call vote passed unanimously.

## **II.** Communication Group Updates:

- A. Logo Update: We looked at Autumn's logos, and discussed minor changes. This will be addressed again at the next meeting.
- B. Spotlight: Discussed the meaning and logistics of the spotlight project, that the spotlight group has already discussed. Discussed recognition and possible prizes. Discussed changing the voting process to a google form, and then on our Instagram to reach a larger crowd.
- C. Media Outreach: Discussed this group, how they want to collaborate and the media aspect of GYAC. This will be discussed more in depth at the next meeting.
- D. SAM Summit: Smarter Approaches to Marijuana, we discussed what this Summit is, how it relates to GYAC, and what we can learn from SAM. Discussed partnering with LYAC about marijuana in NH.

### **III.** Mock quarterly Report:

A. We read over the mock quarterly report, and discussed ways of changing and improving our quarterly report. Discussed possible additions to the quarterly report.

#### **IV.** Governor Sununu:

- A. Specific Goals and Future Plans/Questions: Is there an end goal? We discussed how we can help get into a system, but not being able to find an end goal. How can we support you? We discussed how we can push the GYAC message and social-emotional learning, on social media, and other platforms throughout NH.
- B. Share PSAs: We watched the PSAs with the Governor, and discussed where these PSAs would be posted, and his thoughts on the PSAs. We discussed mental health, and how we are combating our peer's and our own mental health.
- C. Photo Op

#### V. Trainings:

A. We discussed having annual trainings, this training is optional, but is highly recommended. The date is to come.

## VI. What can we do better:

A. accountability/ traditions: Discussed accountability on coming to meetings.

# VII. Updates from Eliza:

- A. Google Classroom Update: join the google classroom, for draft documents.
- B. Personal Social Media Accounts: We are allowed to post our personal opinions on our personal accounts, as long as we don't align ourselves with GYAC at the same time.

*Adjournment:* Elsa Rogers made a motion to adjourn this meeting, Olivia Archard seconded that motion. A roll call vote passed unanimously. The meeting was adjourned at 12:29pm.

**Next meeting date, time, and location:** The next regular meeting is scheduled for Saturday February 20, 2021 from 11:00 AM- 1:00 PM.